

KANE YIRBU

The Weekly Newsletter of Kane Street Synagogue



Shabbat Acharei Mot-K'doshim 8 Iyar; May 1-2, 2009

Candlelighting: 7:32 PM / Shabbat Ends: 8:35 PM

Torah Reading: Leviticus 16:1-20:27/ Haftarah: Amos 9:7-15

A Teaching from Rabbi Weintraub: Monitoring your Heart's Intake

All of us have been sick and taken medicine. We all appreciate that small, repeated ingestion of certain substances can have significant effects. The same pattern and effect occurs in the accumulation of negative feelings. Therefore, the Torah teaches "you shall not hate your brother in your heart; you shall surely reprove your fellow and not bear a sin because of him. You shall not take revenge and you shall not bear a grudge against the members of your people." (Leviticus 19: 17-18).

In this passage we are prohibited from three different forms of enmity: Sina, hatred, N'kama, revenge, and N'tira, bearing a grudge. Sina refers to simple, reactive, hatred. We immediately hate someone who is very disagreeable to us or subjects us to suffering. This is, however, often a temporary condition, like getting one's foot stepped on. Our hatred generally dissipates, especially if the offender expresses some regret.

The matter gets more complicated when he shows no apology or remorse. Then a cycle can be initiated. N'kama, vengeance can occur if the aggrieved party decides to pay back the original offender in some way, which can be physical, emotional or social. N'tira, bearing a grudge, is more aggravated and prolonged. In N'tira we seriously deepen the conflict. We respond not only with immediate "payback" but also by fostering a series of interactions meant to diminish the humanity of the original offender.

Rabbi Joseph Telushkin, who lectures about the ethics of inter-personal relationships, reports that he often asks those in his audience who are estranged from some other family members to raise their hands. Many hands go up. He then asks who can remember how the conflict started. Few hands go up.

There is a child in each of us who wants the world always to be fair. At some point, however, conflicts must be neutralized. In "Anonymous" recovery groups, members try to achieve "the serenity to accept that which cannot be changed, the courage to change that which can be changed, and the wisdom to know the difference".

Or, as the Talmud would have it: "There are four types of character types: Easy to provoke and easy to pacify - their gain is cancelled by their loss; difficult to provoke and difficult to pacify - their loss is cancelled by their gain; difficult to provoke and easy to pacify, this is the pious person; easy to provoke and difficult to pacify - this is the wicked person" (Pirke Avot, Ethics of the Fathers, 5:14).

Shabbat Shalom, *Rabbi Weintraub*

Go to <http://kanestreet.org/religious-life/rabbi-weintraubs-teachings/> to read more of Rabbi Weintraub's Teachings

Schedule of Services

Kabbalat Shabbat: Friday at 6:00 PM

Shabbat Morning: Saturday at 9:30 AM / Mincha: Saturday at 1:00 PM

Shacharit: Sunday at 9:00 AM

YOUTH SERVICES

All of our Junior Congregations (Mini-Minyan for ages 2-5; Junior Congregation for grades K-3; KC Minyan for grades 4-6) take place on the Second Floor of the Goldman Education Center at 11:00 AM each Shabbat. For more information please contact vlieber@kanestreet.org.

Mazal Tov V'Todah Rabah

The Kane Street community extends a warm Mazal Tov to Amity Shlaes and Seth, Flora, Helen, Theo, and Eli Lispky on the celebration of Flora becoming a Bat Mitzvah this Shabbat. We thank Amity and Seth for their generous sponsorship of Kiddush in honor of this Simcha, and look forward to continued celebrations and fulfillment with Flora and her family.

Upcoming Kane Street Events

BEYOND BRCA1 & BRCA2: THE NEXT GENERATION OF GENETIC DISCOVERY – Kane Street Synagogue; May 7; 7:00 PM

Research has demonstrated a link between testing positive for the BRCA 1 and BRCA 2 mutations and developing breast and ovarian cancer. But not all women with a mutation develop cancer and many women without a mutation do.

Kane Street Synagogue is hosting a seminar featuring Dr. Harry Oster, Director of Human Genetics at NYU Langone Medical Center. The seminar will include an educational talk including the most current knowledge of breast and ovarian cancer genetics and management of high-risk women. He will also introduce a cutting edge study focused on women of Ashkenazi Jewish ancestry to help answer these important questions. Eligible women that are interested in participating in the study will have the opportunity to enroll in the study at the event.

This research will ultimately offer Ashkenazi women an improved individualized assessment of their risk in acquiring breast or ovarian cancer. COST: Free. RSVP: beyondbrca1and2@kanestreet.org

USY AND KADIMA

RSVP to jesscohen.bbusy@gmail.com or through BBUSY's Facebook page.

To learn more about Brownstone Brooklyn USY/Kadima go to <http://kanestreet.org/community/teens/>

DATE CHANGE: The MAY USY & Kadima Event will be held on MAY 17th! NO event 5/10.

Kadima vs. USY Pizza Making Contest & Ice Cream – Sunday, May 17; 3:00 – 6:00 PM

Have fun and learn to make pizza at this Iron Chef- inspired contest hosted by Moses. We'll also walk down to the water for some of Brooklyn's most famous ice cream. Location: Congregation Mount Sinai- 250 Cadman Plaza West. Price: Please bring \$5 for ice cream. BBUSY & Kadima members get free ice cream.

Kadima Movie & Nacho Night – Saturday June 6; 9:00 - 12:00 AM

Two projectors, four movies, video games, and a nacho bar. Be there or miss out. Location: TBA. Price: FREE. RSVP by June 2.

USY Beach Day – Sunday, June 7; 2:00 – 5:30 PM

Sun, Surf, Rides, and (Maybe) Overpriced Boardwalk Entertainment. Relax at the beach, ride the roller-coasters and enjoy Coney Island! Location: Meet @ Park Slope Jewish Center. Price: \$5 w/Membership for Games/Rides. Pass; FREE otherwise. RSVP by June 2.

Community

CALLING ALL MUSAF LEADERS

If you would like to lead musaf, please send an email to Ritual Committee Chair, Rena Schklowsky at renasch@gmail.com. Let her know that you're interested in leading musaf. If you are a bit rusty, you can arrange to have a few sessions of coaching with Rena at a mutually agreed upon time.

TIKKUN OLAM / SOCIAL JUSTICE. Pick up a brochure in the back of the Synagogue or go to <http://kanestreet.org/community/social-justice/> for more information about our programs.

The current Mitzvah of the Month is drawing to a close. Volunteers are needed on the morning of **Monday, May 4th** to survey, pack, and deliver the donations to the Bronx. We may also need an additional driver, so if you have a car and would be willing to drive, please speak up. Please contact MOM coordinator, Jennifer Breznay, JBreznay@maimonidesmed.org, if you are able to help, either packing at Kane Street and/or to travel to the Bronx.

Visit a wonderful artist at the Cobble Hill Health Center

For the past year and a half, several Kane Street members have visited Cobble Hill Health Center resident, Joan Lamell, on a semi-regular basis. She is a lively woman and an amazing artist. Some have come to chat, others have helped her get to the beauty salon, others have run errands for her, and others have come to help her with her email and create art together. If you are interested in visiting and/or assisting Ms. Lamell, including teenagers, please email socialjustice@kanestreet.org.

JOIN KANE STREET SYNAGOGUE'S MENSCH SQUAD

The Mensch Squad is a new Kane Street initiative that organizes members of our community to support one another in times of need. Go to www.kanestreet.org/community/the-mensch-squad/ or contact Debbie Polinsky at MenschSquad@KaneStreet.org for more information.

BROWNSTONE BROOKLYN JEWISH COMMUNITY BEREAVEMENT SUPPORT PROGRAM

UJA-Federation has brought together Brownstone Brooklyn congregations and the Jewish Board of Family and Children's Services to launch an on-going bereavement support program. For further information about the overall program, contact Jonathan Katz, LCSW, at (212) 399-2685, ext. 232, or jkatz@jbfcs.org

HELP GREET PEOPLE AT OUR SERVICES

In order to engage newcomers to our community warmly and knowledgably, we have re-established the "welcome station." The Membership Committee will provide a quick, easy training for those who want to be greeters. To volunteer, please contact Idelle Abrams at irabrams@earthlink.net

Education

SHABBAT CLUB FOR CHILDREN 17 MONTHS TO 4 YEARS OLD (with an adult) Fridays, April 24 through June 5; 10 – 11:15 AM

Introduce Jewish customs to your child in a warm, fun environment. Kids prepare for Shabbat, make holiday crafts, learn Hebrew words and letters, sing blessings and songs, have challah and juice, all in a warm, fun environment. Children will learn about the land of Israel, the city of Jerusalem, the Ten Commandments, the holiday of Shavuot and, of course, Shabbat. Parents learn too. Moran Ben-Shaul is back to lead.

No class Friday, May 29 – Shavuot. All 6 Sessions: \$110 for Synagogue members, \$150 for non-members. Or pay only for the classes you attend: \$20 for Synagogue members, \$30 for non-members. For more information please contact Rabbi Valerie Lieber, Director of Education & Family Programs, 718-875-1550, x117 or vlieber@kanestreet.org

KANE STREET KIDS

Kane Street's Goldman Educational Center is also home to our Preschool, Kane Street Kids. For information about Kane Street Kids, contact Director Joyce Heller, Kids@kanestreet.org or 718-875-1550.

KANE STREET HEBREW SCHOOL

The Kane Street Hebrew School is in full swing; for any questions or registration, contact Rabbi Valerie Lieber, Educational Director, vlieber@kanestreet.org or 718-875-1550.

About Town

DEREKH TORAH™: THE WAY OF TORAH — Wednesdays, 7:30 PM - 9:30 PM beginning May 13 First Rate 92nd Y Introduction to Judaism for Adults NOW IN BROOKLYN!

This 30-week course is designed for both Jews who seek a deeper connection with their heritage and for non-Jews who wish to have a greater understanding of Judaism. Contact Rabbi Leana Moritt, director of Jewish Outreach at the Bronfman Center for Jewish Life, at 212.415.5767 or lmoritt@92Y.org for information or to schedule an interview. Cost: \$620 per person and \$950 couple. Payment plans and scholarship assistance available.

Shabbat Customs

Thank you for joining us as our congregation gathers for Shabbat (the Jewish Sabbath) services. It is a special time when we seek sanctuary from our busy lives to find community with friends and family, and participate in rituals and customs common to congregations throughout the world. Our services combine traditional nuscha'ot (prayer forms and melodies) with an open spirit and democratic lay leadership.

We invite you to join in our song and celebration. Our prayer books for Friday night and Shabbat morning Services include phonetic transliteration. On Shabbat, we create an atmosphere wherein each pray-er may reflect on his/her life, and so leave shul with renewed faith and optimism. Therefore, quiet is the proper mood for synagogue.

We are blessed with an abundance of lively, lovely children. Without diminishing our kids' playful natures and the enjoyment they take in each other's company on Shabbat, we want to foster a safe and respectful atmosphere. When children are not participating in youth services or babysitting, we expect parents to maintain their oversight so injuries are avoided, services are not disrupted and synagogue activities and property are not disturbed.

To preserve the sanctity of our bodies, our souls and the Sabbath, please refrain from smoking, using cell phones or other electronic devices and taking pictures at any time while in or around the synagogue. Our synagogue ushers will gladly provide more information about our community and our customs.

After services we gather for an Oneg, refreshments and socializing, in the community room.

Please join us.

Contact Us

To find out all that Kane Street Synagogue has to offer, please visit our website at www.kanestreet.org.

Linda Kass-Mahler, Executive Director • office@kanestreet.org or call 718-875-1550

Samuel H. Weintraub, Rabbi • rabbi@kanestreet.org or call 718-876-1550. The Rabbi maintains "call-in hours" Tuesdays 10:15-12:15 and Wednesdays 11-1.

Jay Brodsky, President • president@kanestreet.org

Submissions to the Kane Yirbu should be emailed to Kane Yirbu editor Barbara Speregen at KaneYirbu@kanestreet.org by the Friday preceding publication.

Kane Street Synagogue, Congregation Baith Israel Anshei Emes
236 Kane Street, Brooklyn, New York 11231 • Phone: 718-875-1550 • Fax: 718-797-1152
office@kanestreet.org • www.kanestreet.org